All Benedicts are served with ranch potatoes or grits.

EGGS BENEDICT*

Two English muffin halves topped with ham, two poached eggs, hollandaise sauce and green onions.

HIKER'S BENEDICT*

Diced ham, asparagus, tomatoes, portabella mushrooms and two poached eggs on two English muffin halves.

Topped with dill hollandaise sauce and two strips of bacon.

CRAB CAKE BENEDICT*

Two English muffin halves topped with grilled crab cakes, tomato slices, two poached eggs and hollandaise sauce.

NEW ORLEANS BENEDICT*

Home-style biscuit topped with Andouille sausage and tomato gravy, diced ham, green onions, two poached eggs and hollandaise sauce.



Great Eggs-pectations

EGGS PLUS*

Two country-fresh eggs cooked to order. Served with ranch potatoes or grits and a choice of toast.

With bacon, sausage or ham **TURKEY SAUSAGE & EGGS***

Two eggs cooked to order with three turkey sausage patties, ranch potatoes or grits and a choice of toast.

BREAKFAST CROISSANT

Scrambled eggs, diced ham and melted cheese served on a bakery-fresh croissant. Served with ranch potatoes or grits.

DELUXE EGG SANDWICH

Two fried eggs, sliced ham, bacon strips, tomato, mayonnaise and Havarti dill cheese stacked on grilled sourdough bread. Served with ranch potatoes or grits.

BISCUITS & GRAVY*

Fluffy home-style biscuit topped with sausage gravy. Served with two eggs any style and ranch potatoes or grits. With bacon, sausage or ham



Skillets & Hash Specialties

冷 CAMBRIDGE SKILLET*

Diced ham, bacon and hollandaise sauce on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin.

TEXAS SKILLET*

Seasoned steak strips, roasted red and green peppers, onions and portabella mushrooms on a bed of ranch potatoes with melted cheese and two eggs any style. Served with an English muffin

CORDON BLEU SKILLET*

Diced chicken, ham, Swiss cheese and hollandaise sauce on a bed of ranch potatoes with two eggs any style. Served with an English muffin.



Smarter Choices Each Smarter Choices an English muffin.

MEDITERRANEAN FRITTATA Egg whites accompanied by diced chicken,

mozzarella, roasted tomatoes, Parmesan cheese and Greek seasoning. Served with fresh fruit.

EGG BYTE OMELETTE

A three egg white omelette with diced tomatoes, green peppers, baby spinach, onions and portabella mushrooms. Served with fresh fruit and a

FRESH FRUIT & YOGURT

Fresh fruit with vanilla yogurt and granola.

BREAKFAST SUNDAE

Layers of crunchy granola, fruit, low-fat yogurt and crisp apple slices in a tall parfait glass.

Cholesterol-free eggs or egg whites may be substituted for .99 *COOKED TO ORDER, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE THE RISK OF FOODBORNE ILLNESS. PLEASE LET US KNOW IF YOU HAVE FOOD ALLERGIES. NOT ALL INGREDIENTS ARE LISTED ON THE MENU.

PARISIAN BENEDICT*

A buttery croissant half layered with shaved ham, sautéed portabella mushrooms and melted Swiss cheese. Topped with two poached eggs, hollandaise sauce and green onions

VEGGIE BENEDICT*

Two English muffin halves layered with portabella mushrooms, spinach, artichoke hearts, asparagus, sliced tomatoes and Greek seasoning. Topped with two poached eggs, hollandaise sauce and green onions.

ARTICHOKE FLORENTINE BENEDICT*

Toasted English muffin topped with creamed spinach, artichokes, two poached eggs and tomato hollandaise sauce.

STEAK & EGGS* Choice top sirloin and two country-fresh eggs cooked to order. Served with ranch potatoes or grits and a choice of toast.

➢ COLORADO JACK SCRAMBLE

Diced ham, green peppers, tomatoes and onions scrambled with three eggs and topped with melted pepper jack cheese and green onions. Served with bacon or sausage, a choice of toast and a side of salsa or pork green chili

WISCONSIN SCRAMBLE

Three eggs scrambled with a quartet of cheeses: Swiss, Monterey Jack, Cheddar and cream cheese. Topped with green onions. Served with ranch potatoes or grits and a choice of toast.

With bacon or sausage

CORNED BEEF HASH*

ATHENA SCRAMBLE

Three eggs scrambled with zesty feta cheese, asparagus, diced tomatoes and portabella mushrooms. Served with ranch potatoes or grits and a choice of toast. With bacon or sausage

Corned beef mixed with hash potatoes and onions. Topped with two eggs any style. Served with a side of hollandaise sauce and an English muffin.

GREEN CHILI CHICKEN HASH*

Diced grilled chicken mixed with hash potatoes, jalapenos, green peppers and onions. Topped with pork green chili, two eggs any style, mixed cheese, sour cream and guacamole. Served with a warm

WILD MUSHROOM & VEGGIE HASH*

Roasted mushrooms, peppers, onions, Roma tomatoes and spinach with hash potatoes. Topped with mixed cheese, two eggs any style and tomato hollandaise sauce. Served with an English muffin.

Each Smarter Choice entreé served with

VERA CRUZ CHICKEN & AVOCADO OMELETTI

An egg white omelette with diced chicken, tomatoes, onions and green chiles. Topped with melted Cheddar and Monterey Jack cheeses and fresh avocado. Served with fresh fruit and a side

MORNING HARVEST

Steel cut oatmeal served with brown sugar, golden raisins and dried cranberries with fresh fruit on the side

BERRY-OLA OATMEAL

Steel cut oatmeal topped with fresh blueberries. raspberries and crunchy granola. Served with brown sugar and fresh fruit on the side.

Eggs Olé Each Eggs Olé entrée served with ranch potatoes.

SUNRISE CHILE RELLENOS

Whole roasted green chile strips filled with melted Monterey Jack and Cheddar cheeses folded inside lightly cooked whipped eggs. Topped with salsa or pork green chili, melted cheese, lettuce, diced tomatoes, sour cream and green onions.

SANTA FE HUEVOS*

Add chorizo (a zesty sausage)

A flour tortilla layered with seasoned black beans, melted pepper jack cheese and two eggs any style Topped with pork green chili or salsa, guacamole diced tomatoes, sour cream and green onions.

MEXICAN OMELETTE

Chorizo, green chiles and onions, topped with Monterey Jack and Cheddar cheeses, salsa or pork green chili, sour cream and green onions.

HUEVOS RANCHEROS*

A flour tortilla layered with refried beans, melted cheese and two eggs any style. Topped with salsa or pork green chili, sour cream and green onions.

Add chorizo (a zesty sausage) BREAKFAST BURRITO

Three eggs lightly scrambled with green chiles, onions, ranch potatoes and diced pork sausage. Wrapped in a warm flour tortilla and topped with melted Monterey Jack and Cheddar cheeses, pork green chili or salsa, lettuce, tomatoes, sour cream, guacamole and green onions.

MEXICAN SKILLET*

Chorizo, black beans, green chiles, diced tomatoes and onions on a bed of ranch potatoes with a choice of pork green chili or salsa. Topped with pepper jack cheese and two eggs any style. Served with a flour

Add any of these ingredients for .50 each



Omelettes & Frittatas

Served with ranch potatoes or grits and choice of toast.

• Portabella Mushrooms

• Green Chile Peppers

Asparagus

• Jalapenos

CREATE-YOUR-OWN OMELETTE Includes any three ingredients from below

Add any of these ingredients for 1.00 each

- Bacon
- Ham Sausage
- Turkey Sausage
- Chorizo Sausage Grilled Chicken
- Avocado
- · Swiss Cheese Mozzarella Cheese • Feta Cheese

MixedCheese

Pepper Jack CheeseHavarti Dill Cheese

• Roasted Tomatoes Spinach Artichoke Hearts

• Green Peppers

• Green Onions

• Onions

Tomatoes

SPINACH BACON MUSHROOM **OMELETTE**

Fresh spinach, bacon, portabella mushrooms and melted Swiss cheese. Topped with hollandaise sauce.

EGG-CEPTIONAL OMELETTE

Sausage, diced ham, bacon, onions, tomatoes, portabella mushrooms and melted cheese. Topped with sour cream and green onions.

DENVER OMELETTE

Diced ham, onions, green peppers and melted cheese.

CAJUN OMELETTE

Andouille sausage and tomato gravy, diced ham, green onions and pepper jack cheese. **GREEK FRITTATA**

Diced ham, artichoke hearts, roasted Roma tomatoes, asparagus and portabella mushrooms. Topped with basil pesto and Havarti dill cheese.

GARDEN FRITTATA

A harvest of fresh vegetables, diced tomatoes, green peppers, onions, portabella mushrooms and fresh baby spinach with Cheddar and Monterey Jack cheeses.

MAKE IT A COMBO

ADD 2 Eggs and

2 Strips of Bacon

or Sausage Patties

FOR JUST \$3.00

MAKE IT A COMBO

ADD 2 Eggs and

2 Strips of Bacon

or Sausage Patties

FOR JUST \$3.00

Pancakes, Waffles & French Toast

THE FLAPPER

An extra large whole wheat pancake, two eggs and two strips of crisp bacon or sausage patties.

PLAIN 'N SIMPLE PANCAKE BLUEBERRY PANCAKE

Served with a side of blueberry compote.

RASPBERRY GRANOLA PANCAKE

Whole raspberries and granola with low-fat raspberry yogurt instead of butter.

APPLE CINNAMON GRANOLA PANCAKE

Crunchy granola and apple slices baked into a whole wheat pancake. Served with cinnamon butter.

Our extra large whole wheat pancakes are served with warm syrup.

₩ WAFFLE EGGSPRESS*

A golden Belgian waffle, two eggs and two strips of crisp bacon or sausage patties.

IT'S OK TO WAFFLE

Single waffle THE PATRIOT WAFFLE

Fresh raspberries and blueberries with a dusting of powdered sugar.

STRAWBERRY BANANA & WALNUT WAFFLE Fresh strawberries, bananas and walnuts topped with powdered sugar and whipped cream.

➢ VIVA LA FRANCE⁵

Two pieces of French toast, two eggs and two strips of crisp bacon or sausage patties

FRENCH TOAST

Three pieces of sourdough bread dipped in a custard batter. Grilled golden and sprinkled with powdered sugar. STUFFED FRENCH TOAST

RAISIN FRENCH TOAST*

Two pieces of French toast filled with diced pork sausage, melted cheese and scrambled eggs. Served with ranch potatoes. Raisin bread French toast topped with cinnamon butter. Served with two eggs and two strips of bacon or sausage patties.

Lunch Classics

······ > PREMIUM SALAD COMBOS

CHOOSE 1/2 ENTRÉE SALAD AND 1/2 SANDWICH OR CUP OF SOUP

Salads: Chicken Spinach

- Sandwiches: • Reuben (Classic or Turkey)
- Chicken Apple Walnut
- Turkey Apple Croissant
- Arizona Turkey • BLT

Soup:

......

· Soup of the day

• Ask your server for today's selection!

Dressings available: Ranch, Balsamic Vinaigrette. Entrée Salads Bleu Cheese, Thousand Island, Low-Fat Raspberry Vinaigrette and Low-Fat Avocado Ranch.

CHICKEN SPINACH SALAD

• Southwest Tortilla

• Chicken Apple Walnut

Fresh baby spinach, sliced grilled chicken, cranberries, golden raisins, bleu cheese, bacon, red onions, sliced apples and spicy pecans tossed in balsamic vinaigrette

COBB SALAD

• Cobb

Greek

Chopped

Mixed salad greens, sliced grilled chicken, bacon, tomatoes, avocado, chopped egg and bleu cheese. Served with a choice of dressing

GREEK SALAD

Sliced grilled chicken with roasted tomatoes, red onion, artichoke hearts, feta cheese, kalamata olives, diced tomatoes and Parmesan croutons tossed with salad greens in an herb vinaigrette dressing.

SOUTHWEST TORTILLA SALAD

Crispy tortilla strips, sliced grilled chicken mixed cheese, black bean and corn salsa, roasted tomatoes, and mixed greens tossed in a salsa vinaigrette. Garnished with a low-fat avocado ranch dressing and green onions.

CHICKEN APPLE WALNUT SALAD

salad greens and diced tomatoes. Sprinkled with toasted walnuts. Served with a choice of dressing.

CHOPPED SALAD

Sliced grilled chicken, bleu cheese, tomatoes, bacon, avocado, apples and spicy pecans tossed with mixed greens in a balsamic vinaigrette.



Sandwiches Choice of kettle chips, garden side salad, cottage cheese, seasonal fresh fruit or a cup of homemade soup.

Smoked turkey breast on grilled sourdough with bacon, avocado, tomato, mayonnaise, Cheddar and

Monterey Jack cheeses. REUBEN (CLASSIC OR TURKEY) Corned beef or smoked turkey, melted Swiss cheese, Thousand Island dressing and Bavarian sauerkraut

on grilled rve bread. **CHEDDAR CHEESEBURGER***

Grilled burger patty topped with melted Cheddar cheese, shredded lettuce, sliced tomato and mayonnaise. Add bacon

A grilled chicken breast topped with melted

Cheddar cheese, shredded lettuce, sliced tomato

butter, cranberries, golden raisins and spinach

A blend of chicken, apples, walnuts, celery, green onions and mayonnaise. Served with lettuce and tomato on grilled raisin bread.

CLASSIC CLUB

multi-grain bread

A tomato tortilla rolled with sliced grilled chicken, pepper jack cheese, tomato, lettuce and ranch dressing.



and mayonnaise

GRILLED CHICKEN

Soup, Garden Salad & Combos

SOUP OF THE DAY Made from scratch. Offered at 10:00 am daily.

GARDEN SALAD Mixed greens topped with carrots, tomatoes, Parmesan croutons, Monterey Jack and Cheddar cheeses. Served with your choice of dressing.

SOUP & GARDEN SALAD

A bowl of homemade soup with a garden salad



bowl

ADD CHEESE LOADED

and green onions. STEEL CUT OATMEAL cup or bowl

BISCUIT & GRAVY TWO EGGS* ONE EGG* BACON (3 PIECES) PORK OR TURKEY SAUSAGE PATTIES

Our chicken-apple-walnut salad on top of mixed

TURKEY APPLE CROISSANT

Smoked turkey, Swiss cheese, fresh apple, apple on a croissant **CHICKEN APPLE WALNUT**

The classic sandwich with layers of ham, smoked turkey, bacon, Cheddar cheese, Monterey Jack cheese, lettuce, tomato and mayonnaise on grilled

CHICKEN RANCH WRAP

*COOKED TO ORDER, CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE THE RISK

A cup of homemade soup, your choice of a half sandwich and a garden salad.

1/2 SANDWICH WITH SOUP OR **GARDEN SALAD** Your choice of a half sandwich with a bowl of

homemade soup or a garden salad. Combo 1/2 sandwich options include: Reuben (Classic or Turkey), Chicken Apple Walnut, Turkey Apple Croissant, Arizona Turkey or BLT.



Pork green chili, melted cheese, diced bacon, sour cream

GRITS cup or bowl **SWEET MUFFIN** SEASONAL FRESH FRUIT BOWL **GRILLED HAM ENGLISH MUFFIN OR TOAST LOW-FAT COTTAGE CHEESE**

OF FOODBORNE ILLNESS. PLEASE LET US KNOW IF YOU HAVE FOOD ALLERGIES. NOT ALL INGREDIENTS ARE LISTED ON THE MENU.